

Georgia All-Star Gymnastics
SUMMER CAMP
2020

DATES:

May:

Week 1- 26th-29th*

June:

Week 2- 8th-12th

Week 3- 15th-19th

Week 4- 22nd-26th

Week 5- 29th-2nd*

*Four day week

July:

Week 6- 6th-10th

Week 7- 13th-17th

Week 8- 20th-24th

Week 9- 27th-31st



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FULL & HALF DAY CAMP

Full Day

Full-day camp offers great activities, games, crafts, outdoor splash time, friendship and surprises for boys and girls ages 5 ½ & up. Using a complete range of Olympic equipment and training aids, campers will enjoy both venue instruction and physical games and activities. On the first day of camp, full-day participants will be evaluated and placed according to their current skill level – every effort will be made for friends to be grouped together. Girls’ instruction will include floor exercise and tumbling, vault, balance beam, uneven bars, Tumbl Trak and trampoline. Boys will enjoy time on the trampoline, rings, parallel bars, high bar, floor exercise, vault and mushroom. Camp activities begin at 9:00 am. Camp ends at 5:00 pm; we will have staff here until 6:00pm if late pick up is needed.

Camp Hours: 7:30 am To 6:00 pm

Cost Per Week: \$250.00/5-day week

Drop-in One Day: \$60 (No more than 2-days)

Cost Per Week: \$187.50/4-day week (May 26th-29th; June 29th– July 2nd)*

Half Day

Half-day camp for boys and girls ages 4 & early 5, offers a myriad of activities using GASG’s specifically designed preschool area filled with “just my size” balance beams, bars, rings, trampoline and large carpeted and matted floor area for the development of gross motor and tumbling skills. Camp activities begin at 9:00 and end at 12:30 pm. For older siblings half-day of the full day camp is available at half-day rate.

Camp Hours: 7:30 am to 12:30 pm

Cost Per Week: \$150.00/5-day week

Drop-in One Day: \$45 (No more than 2-days)

Cost Per Week: \$112.50/4-day week (May 26th-29th; June 30th– July 2nd)*

Georgia All-Star Gymnastics reserves the right to cancel any camp week if minimum participation numbers are not met.

COMPETITIVE TEAM CAMPS

GASG Competitive Levels Only

Camp Hours: TBD based on level

Camp Week: June 1st-5th

Cost: TBD based on level (includes Friday Pool Party and Team Banquet)

Team Pre and Post Practice Camp

For team members needing either pre or post practice accommodations. Team siblings may attend full day camp for additional \$70 if they meet age requirement.

Camp Hours: 7:30 am to 6:00 pm (as needed)

Cost Per Week: \$ 70.00/5-day week

Cost Per Week: \$56.00/4 day-week (June 30th– July 2nd)*

PRE-GYM CAMPS

Mommy 'n Me Camp

Mommy 'n Me is an interactive parent/caregiver child physical learning experience for children 12 months to 3 years of age

Camp Week: August 3rd, 4th and 5th(Monday-Wednesday)

Camp Hours: 10:30 am to 12:00 pm

Cost Per 3-day Camp: \$60.00

My First Gymnastics Camp

My First Gymnastics Camp was created for the 3, early 4-year old child allowing a “camp” experience in a child-friendly time frame

Camp Week: August 3rd, 4th and 5th(Monday-Wednesday)

Camp Hours: 9:00 am to 10:30 pm

Cost Per 3-day Camp: \$75.00

**CALL FOR AN UNLIMITED CAMP QUOTE!!
REGISTER PRIOR TO APRIL 1ST, 2020 FOR EARLY BIRD
REGISTRATION DISCOUNT OF \$10.00/PER CAMP.**

Drop Off & Pick Up:

Early drop off hours are 7:30 a.m. until 8:45 a.m. for half and full day campers. Pick up, for full day campers only, is no later than 6:00 p.m. Pick up for half-day campers is 12:30 p.m. Camp activities begin at 9:00 a.m. Although there are no gymnastics activities during the time preceding and the hour following camp, participants will be supervised by GASG staff members. As other activities are scheduled in the facility, it is required that all campers be picked up no later than the 12:30/6:00 p.m. deadline. A fee of \$5.00 for the first 15 minutes and \$5.00 for each 15-minute interval thereafter will be due upon pick-up for the parent missing the pick-up deadline. Early drop-off off/late pick-up does not apply to team practice hours.

Attire:

A one-piece leotard for girls or comfortable shorts and a shirt for either boys or girls is appropriate attire for gymnastics camp. As outdoor water activities are scheduled daily, campers are required to bring a bathing suit and towel along with comfortable outdoor shoes. Hair longer than chin length is to be comfortably restrained. Participants are to leave all valuables, jewelry and personal electronic devices at home. Georgia All-Star Gymnastics is not responsible for lost or damaged personal items.

Snack & Lunch:

Full day participants are to bring a non-perishable bagged lunch and drink daily. Please mark the lunch container with the participants name. A morning snack is provided for all campers; however, should a camper, due to dietary restrictions, require a specialized snack, it is asked that the snack be provided by the parents. GASG will neither provide nor purchase a lunch for any camper. Campers are active throughout the day. GASG suggests healthy lunches with sufficient protein, fruit and vegetables rather than sweets. As many children have allergies, we ask that nuts are not included in your dietary camp plan.

Registration & Payment:

Early registration will receive a discount of \$10 per week. A deposit of ½ of the weekly camp fee per participant, per week is to accompany the completed and signed registration application whether paper copy or online application. Camp registration is incomplete without the signed and completed form for each participant and deposit for each week of camp per participant.

Note: there is no yearly registration fee associated with camp. GASG accepts payment in the form of personal check, American Express, Discover Card, MasterCard, Visa and bank debit card. At the bottom of the registration form in the space provided, indicate the camp session(s) you are requesting and whether full or half day. Use additional pages as needed. Acknowledgement of session(s) will be emailed to you within two (2) days of receipt of deposit. Therefore, it is important that your email address is legible if using paper format.

The balance of each session's fee is due no later than 2 weeks prior to the beginning of the session for which the deposit was made. Payments received after the due date will be subject to a \$10.00 per participants late fee. If the outstanding balance of the camp payment is not received before the close of business on the Friday prior to the week of camp for which the deposit was made, no refund will be issued and the session registration will be canceled and forfeited without further notice.

Up to 2 weeks prior to the registered camp session, with written notice, the deposit, minus a \$10.00 handling fee, will be returned for a camper who must withdraw a session or sessions. If written notice is received less than 2 weeks prior to the camp session, a credit will be issued toward another camp session tuition or registration for a GASG scheduled class.

No refund will be made for a camper who voluntarily withdraws or exercises the personal option of not attending a day's activities. A credit will be issued for illness lasting 2 or more consecutive days only if the Camp Director is notified upon occurrence and a physician's note is received.

Frequently Asked Questions

Question: My child has never participated in gymnastics. Is camp a good idea?

Answer: If only to enhance body and spatial awareness, gymnastics is a building block to all other physical activities. Georgia All-Star Gymnastic's goal is to provide quality instruction in a safe, secure and nurturing learning environment. Plus it's just FUN!

Question: My preschooler is eligible to attend half day morning camp. Can my 7 year-old attend a half day camp but be with a group similar in age?

Answer: Absolutely. This service is only available in the morning. The camp fee is the same as the half day camp fee. Please note that our age guidelines are just that – guidelines. Some children are ready for full day camp as a 5-year old. Some older children may only be ready for a half day camp experience. We will work with you to make sure your child has a wonderful camp adventure no matter the age or ability level.

Question: Can I pick my camper up early or drop my child off later in the morning?

Answer: Just let us know so we can accommodate your needs. However, please realize activities are pre-planned for the entire camp period.

Question: Can my child bring a friend for one day?

Answer: Due to insurance requirements, children not registered in advance are not permitted to participate in camp. However, once the child is signed up they too can enjoy the camp.

Question: Can my child attend just 2 or 3 days of camp during a regular five-day camp week? Answer: Certainly - as long as you are aware that there is no decrease in the weekly camp fee should you decide to attend only part of the week.

Question: My child is afraid of the bars. What should I do?

Answer: Every consideration will be taken to encourage your child to participate to the best of their individual ability. No child will be forced to participate in an event or activity which might frighten them. Children will, however, be given the opportunity of working through their concerns with positive reinforcement, hands-on spotting and verbal skill breakdown.

Question: Can I sit inside of the gymnastics area with my child?

Answer: To ensure each camper is allowed to focus on the planned activities, we request that parents, visitors and guests remain in the lobby at all times unless specifically summoned. The GASG lobby is glass enclosed – you can see your child and your child can see you. Should you have a concern regarding appropriateness of placement, please contact the GASG office so that we can arrange a time for you and your child to stop by the gym and get acquainted.

Question: My child refused to participate last year. Can we try again?

Answer: Absolutely! There is no set time a child may be physically and/or emotionally ready for a camp experience nor can any camp be the solution to every child's individual needs.

Question: My child has food allergies. What steps can be taken to make them safe?

Answer: If your child's allergy is such that they are unable to enjoy cookies, Goldfish and alike, please provide your own snack. Also, please provide an epi pen, clearly marked with the child's first and last name daily, should your camper require immediate response to any allergy. The medication will be kept in the office and will be administered by a qualified staff member.

Question: My child forgot his/her lunch. Will the gym provide a lunch?

Answer: The gym does not provide any meals. It is the responsibility of the parent or caregiver to supply a non-perishable, nutritious lunch in a lunch box or disposable lunch bag daily, clearly marked with the campers first and last name. The snack machines are not a stand-in for a healthy meal.

Question: What attire is required.

Answer: Either comfortable play clothes or a leotard along with a bathing suit and towel. Please make sure the camper's hair is comfortably restrained.

Question: Are electronic devices permitted during camp?

Answer: This is a physically active camp. Please leave all electronic devices at home. GASG is not responsible for either the appropriate use or care of any electronic device.

Question: In what activities will my half day/full day camper participate?

Answer: An example of a typical camp day follows:

Half Day

Time(approximate)	Event
9:00- 9:30	Drop off, group game, stretch
9:30-10:00	Floor/obstacle course
10:00-10:30	Uneven bars, rings & things
10:30-10:45	Snack/story time
10:45-11:30	Splash 'n play
11:30-12:15	Tumbl Trak, trampoline
12:15-12:30	Pit, dismissal

Full Day

Time(approximate)	Event
9:00- 9:30	Drop off, group game, stretch
9:30-11:00	Rotate events: vault, beam, rings
11:00-11:15	Snack
11:15-12:00	Rotate events: Splash 'n play
12:00-12:45	Games, skits
12:45- 2:00	Lunch/movie (age appropriate)
2:00- 2:05	Clean up
2:05- 2:15	Stretch
2:15- 3:45	Rotate events, crafts, bars
3:45- 4:00	Afternoon break
4:00- 4:45	Trampoline, pit,
4:45- 5:00	Games, dismissal

